

Hand Washing



Wood County Health Department



When to Wash:

- Before you start work
- After smoking, eating, or drinking 
- After handling raw foods or ready to eat foods
- After cleaning or handling garbage
- After sneezing coughing or using a tissue
- After going to the restroom
- When switching between food preparation areas
- Before putting on gloves, between glove changes, and after removing gloves.



All hand washing sinks must be useable and supplied with warm water, soap, and single use towels.



Vigorously scrub hands and underneath fingernails for **20 seconds.**

Helpful Tip: Use a single use towel to turn facet off or open door after washing hands.

Is sanitizer enough?

FDA approved hand sanitizers may be used with hand washing but not as a replacement. Sanitizers do not eliminate all types of germs. They may not remove physical dirt on hands.



NOTE: Hands should never be washed in food prep sinks, utensil washing sinks, or mop sinks, to prevent contamination.